

Attic Quiz

Instructions

Fee \$30

1. Print these pages and [Click Here](#) for the **necessary** OSHA [reference materials](#).
2. Answer the **Simple questions** that closely follow the reference materials in a **consecutive** order.
3. Circle the correct answers and transfer the answers to [the answer sheets](#) (see last 2 pages).
4. Page down to the last page for the [verification form](#), answer sheets and mailing instructions.

3 hour course for:

- | | |
|--------------------------------------|----------------------------------------|
| 1. Registered-Beginner Electrician | 7. Master plumber |
| 2. Commercial Electrical Inspector | 8. Journeyman Plumber |
| 3. Commercial Plumbing Inspector | 9. Master Electrician |
| 4. Dwelling Contractor Qualifier | 10. Residential Journeyman Electrician |
| 5. Industrial Journeyman Electrician | 11. Residential Master Electrician |
| 6. Journeyman Electrician | 12. UDC-Electrical Inspector |
| | 13. UDC-Plumbing Inspector |

Questions: call Amy at 920-727-9200 or 920-740-4119 or 920-740-6723 or email aklinka@hotmail.com

Reducing Falls during Residential Construction: Working in Attics

1. The fall protection methods in this fact sheet _____ be suitable in all situations.
 - a. may
 - b. should
 - c. may not
 - d. none of the above
2. Working in a low attic can be difficult. Employees moving through these spaces may be exposed to fall hazards at the openings between _____.
 - a. truss webs
 - b. truss top chords
 - c. truss chords
 - d. all of the above
3. In all cases, _____ must evaluate the hazards and take steps to reduce the risk of falls. Using appropriate fall protection measures reduces risks and saves lives.
 - a. employees
 - b. employers
 - c. own owners
 - d. all of the above
4. Before beginning the job, identify fall protection needs. Survey the attic to determine what fall protection systems can be used. Plan ahead and have those systems in place while the workers report to the job.
 - a. true
 - b. false
5. Workers can be injured if they fall through the ceiling to a lower level. Employers must determine if the walking/working surfaces in attics have the _____ to support workers safely
 - a. strength
 - b. structural integrity
 - c. both a & b
 - d. none of the above

6. Only after this determination of the structural integrity has been made should workers be allowed to _____ those areas.
 - a. resume work in
 - b. enter
 - c. reoccupy
 - d. all of the above
7. If the area around the plywood or planking is open, and the work area is ____ feet or more above a lower level, the employer generally must ensure that workers use fall protection meeting OSHA requirements
 - a. 4
 - b. 6
 - c. 8
 - d. 10
8. OSHA's fall protection requirements for residential construction work performed on scaffolds and ladders are specified in Subpart L and Subpart X, respectively, _____ in 29 CFR 1926.501(b)(13)).
 - a. are located
 - b. partly located
 - c. are not
 - d. none of the above
9. A PFAS is designed to safely stop a fall before the worker strikes a lower level. The system includes three major components:
 - a. An anchorage to which the other components of the PFAS are rigged.
 - b. A full body belt or harness worn by the worker.
 - c. A connector, such as a lanyard or lifeline, linking the harness to the anchorage. A rip-stitch lanyard, or deceleration device, is typically a part of the system.
 - d. both a & c
10. For more information on the requirements for a PFAS, refer to _____.
 - a. 29 CFR 1926.502(d)
 - b. Subpart L
 - c. Subpart X
 - d. all of the above
11. Remember that workers must use full-body belts or harnesses in fall arrest systems.
 - a. true
 - b. false
12. _____ can cause serious injury during a fall, and OSHA prohibits their use as part of fall arrest systems.
 - a. Body belts
 - b. Body Harness
 - c. Lanyard
 - d. Lifeline
13. OSHA requires that anchors for a PFAS either be able to hold at least _____ pounds per worker and be used under the supervision of a qualified person.
 - a. 3000
 - b. 4000
 - c. 5000
 - d. 500
14. OSHA requires that anchors for a PFAS either be able to hold at least maintain a safety factor of at least _____ and be used under the supervision of a qualified person.
 - a. two
 - b. twice the impact load
 - c. triple the impact load
 - d. both a & b

15. Always follow the manufacturer's instructions or consult a qualified person when installing _____ to ensure that they are strong enough to hold the sudden weight of a falling worker.
- lifeline
 - lanyard
 - anchors
 - all of the above
16. There are anchorages available on the market that can meet OSHA's strength requirements if they are installed in accord with the manufacturer's instructions, with the right number of properly sized _____.
- nails
 - screws
 - both a & b
 - none of the above
17. Also, employers may find it possible to provide safe anchorage down the length of an entire attic by properly installing an engineered horizontal _____.
- lifeline
 - lanyard
 - anchors
 - all of the above
18. With advance planning on new construction projects, some anchorage systems can be preinstalled before the trusses are lifted into position. This method permits workers to attach their _____ to an anchorage immediately upon entering the attic space.
- lifeline
 - lanyard
 - anchors
 - all of the above
19. A self-retracting lanyard is appropriate for a fall restraint system when the worker can reach the fall hazard when the lanyard is fully extended.
- true
 - false
20. A fall restraint system is comprised of a body belt or body harness, an anchorage, connectors, and other necessary equipment.
- true
 - false
21. OSHA recommends that fall restraint systems have the capacity to withstand _____ pounds of force
- 2000
 - 3000
 - 4000
 - 5000
22. OSHA recommends that fall restraint systems have the capacity of twice the minimum expected force that is needed to restrain the worker from exposure to the fall hazard.
- true
 - false
23. _____, stationary or mobile, can be erected below the attic work area. Workers on the scaffold can work between truss chords and joists to perform some installation activities.
- Safety Nets
 - Scaffolds
 - Ladders
 - none of the above

24. _____ A-frame and platform _____ can provide safe platforms from which workers on the lower level can perform some tasks in the attic above.
- Safety Nets
 - Scaffolds
 - Ladders
 - none of the above
25. In some situations, employers may be able to place _____ underneath truss chords to prevent workers from falling to the level below. _____ must be installed to prevent contact with the surface or structures below them.
- Safety Nets
 - Scaffolds
 - Ladders
 - none of the above
26. As a result, fall protection may be a viable way to provide fall restraint in situations in which the employer has concerns about the adequacy of available anchorage points for fall arrest equipment.
- true
 - false
27. When working at heights of 6 feet or greater, the employer is not allowed use ladders or scaffolds.
- true
 - false
28. OSHA Standard: 29 CFR 1926 Subpart ____ – Fall Protection.
- X
 - L
 - M
 - F
29. State Plan Guidance: _____ states or territories currently operate their own OSHA approved state plans.
- 25
 - 26
 - 27
 - 50
30. State plan workplace health and safety standards must be at least as effective as comparable Federal OSHA standards. State plans have the option of promulgating more stringent standards and, therefore, may have additional requirements for residential construction.
- true
 - false

Attic Falling Quiz-Answer Sheet

<u>1</u>	a	b	c	d	<u>11</u>	a	b	c	d	<u>21</u>	a	b	c	d
<u>2</u>	a	b	c	d	<u>12</u>	a	b	c	d	<u>22</u>	a	b	c	d
<u>3</u>	a	b	c	d	<u>13</u>	a	b	c	d	<u>23</u>	a	b	c	d
<u>4</u>	a	b	c	d	<u>14</u>	a	b	c	d	<u>24</u>	a	b	c	d
<u>5</u>	a	b	c	d	<u>15</u>	a	b	c	d	<u>25</u>	a	b	c	d
<u>6</u>	a	b	c	d	<u>16</u>	a	b	c	d	<u>26</u>	a	b	c	d
<u>7</u>	a	b	c	d	<u>17</u>	a	b	c	d	<u>27</u>	a	b	c	d
<u>8</u>	a	b	c	d	<u>18</u>	a	b	c	d	<u>28</u>	a	b	c	d
<u>9</u>	a	b	c	d	<u>19</u>	a	b	c	d	<u>29</u>	a	b	c	d
<u>10</u>	a	b	c	d	<u>20</u>	a	b	c	d	<u>30</u>	a	b	c	d

To obtain your Continuing Education Credits follow the below instruction

1. Print out first.
2. Fill in all fields applicable.
3. Include your certification or license number if applicable.
4. We'll take care of crediting with the state and sending you back a verification form.

Send by mail

Fees \$30

1. The answer sheet and this page only.

2. Fill out this form below completely.
3. Applicable fees by check payable to Gary Klinka.
4. Mail to: Gary Klinka at 228 Mandella Ct Neenah WI 54956.

Office 920-727-9200 Fax 888-727-5704 Amy's Cell 920-740-4119 Gary's Cell 920-740- 6723

Email: aklinka@hotmail.com or garyklinka@hotmail.com

-----Educational Course Attendance Verification Form -----

Attendee's Name _____ Date _____

Address _____

Credential Number _____ Phone# _____

Course Title and Name _____ Attic Falling Quiz _____

List each credential held by attendee _____

Credited Hours _____ 3hrs Fee: \$30 _____ Fax# _____

Email address _____

To be completed by Gary Klinka www.garyklinka.com Gary's credential link [#70172](#)

Course Password _____ Course ID# 13871 _____

Attendee passed the course with a greater than 70% score on Date _____

Instructor Signature _____